

# This Weeks 'What's Happening At Home'



#### **Recipe of the Month**

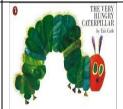
**Falafels** 

This tasty recipe is easy to do at home in the kitchen and makes a healthy family meal.

Look out for the recipe card in your resource pack in the post.

To see the full recipe on line visit <a href="https://www.nhs.uk/change4life/food-facts">https://www.nhs.uk/change4life/food-facts</a>

## Monday 4<sup>th</sup> May



#### Our story this week is 'The Hungry Caterpillar' by Eric Carle.

Read about all the healthy foods the caterpillar eats and try some as a snack. You could look for things in your house or garden that are symmetrical like the butterfly. Follow this link to watch the story

https://www.youtube.com/watch?v=75NQK-Sm1YY

And why not try downloading the Hungry Caterpillar app. The Very Hungry Caterpillar is brought to life in the real world, with augmented reality. Follow this link

https://apps.apple.com/us/app/my-very-hungry-caterpillar-ar/id1277085142

## Tuesday 5<sup>th</sup> May

#### Sign of the week

Our Makaton sign this week is 'butterfly'







### Wednesday 6<sup>th</sup> May



This week at home download the 50 things app and have a go at #9 Mini beast and Bug Hunting

Why not go and look in damp dark areas of your garden for mini beasts. You could use the internet to find out interesting facts about the creatures you find. Please make sure you handle them with care.

https://bradford.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five

## Thursday 7<sup>th</sup> May

#### **Get Creative**

Use your imagination with this week's home learning pack using glue and collage materials. We would love to see your creations so please share them on early essence or via email. Send your pictures to office@midlandroad.co.uk



#### Friday 8th May



Join in with our daily story time and songs on Facebook Listen out for the mini beast themed stories and rhymes. Got a request? Contact us on Facebook or ring 01274 546492

Jessi potrzebujesz tlumaczenia na jezyk polski uzyj numeru.