



## 'What's Happening At Home'

	<p><b>Recipe to try at home – Banana and Apricot Bagels</b></p> <p>Fruit for breakfast. This super easy recipe is a tasty way to enjoy fruit for breakfast. Take a look at lots more simple ways to add fruit to your healthy breakfast choices in a creative way.</p> <p><a href="https://www.nhs.uk/change4life/recipes/breakfast">https://www.nhs.uk/change4life/recipes/breakfast</a></p>
<p><b>Monday 22<sup>nd</sup> June</b></p>	<p></p> <p><b>Our story this week is Oliver's Fruit Salad by Vivian French</b></p> <p>Oliver enjoys a healthy week eating vegetables at his grandpa's house. When he goes home the fruit doesn't seem quite good enough for Oliver. What is his mum to do to make eating fruit more exciting?</p> <p><a href="https://www.youtube.com/watch?v=icTprkImlml">https://www.youtube.com/watch?v=icTprkImlml</a></p>
<p><b>Tuesday 23<sup>rd</sup> June</b></p>	<div style="display: flex; justify-content: space-around;"> <div data-bbox="384 831 582 1025">  </div> <div data-bbox="587 831 785 1025">  <p>fruit</p> </div> <div data-bbox="790 831 991 1025">  <p>Thumb under lower lip, hand moves across chin to side</p> </div> </div> <p style="text-align: right;"><b>Sign of the week</b></p> <p style="text-align: right;">Our Makaton sign this week is 'fruit'</p> <p style="text-align: right;">Sign along with Rayhana on Facebook </p>
<p><b>Wednesday 24<sup>th</sup> June</b></p>	<p></p> <p><b>Download the 50 things app and have a go at #26 Spish Splash Splosh</b></p> <p>Children love to play with water, inside and outside, splashing, pouring, and paddling! You don't need water trays or expensive equipment to enjoy water play – exploring water in the bath or using a washing up bowl with yoghurt pots is brilliant. Water can be messy, but it can also be easily cleaned up and clothes can be dried. Enjoy playing alongside your child.</p> <p><a href="https://bradford.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five">https://bradford.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five</a></p>
<p><b>Thursday 25<sup>th</sup> June</b></p>	<p><b>Fabulous Fruit</b></p> <p></p> <p>Fruit comes in all shapes, sizes and colours. How many different types of fruit can you name? Do you have a favourite fruit? Can you draw a picture of what you like to eat and how you you like ot eat it? Count how many different fruits you can eat in a day and in a week.</p> <p>Find more activities linked to Oliver and his healthy diet</p> <p><a href="http://www.lovelybooks.co.uk/olivers-vegetables">http://www.lovelybooks.co.uk/olivers-vegetables</a></p>
<p><b>Friday 26<sup>th</sup> June</b></p>	<p></p> <p><b>Join in with our daily story time and songs on Facebook</b></p> <p>This week's stories and songs will be based on keeping healthy. We will be linking this to keeping our bodies healthy through activity and what we eat. So tune in to our Facebook page and join in! </p>
	<p><b>Promoting Physical Development – Dance for Life</b></p> <p>Our Early Years dance teacher, Jess, has made a special video for the children to enjoy a dance lesson at home. Did you know that dancing can contribute to improving health and well-being?</p> <p><b>Make some space at home, join in and have some fun!</b></p> <p><a href="https://youtu.be/9nF7mbEJDtg">https://youtu.be/9nF7mbEJDtg</a></p>

Jessi potrzebujesz tłumaczenia na język polski użyj numeru.

যদি এই অনুবাদ বাংলায় চান তাহলে উপরের সংখ্যায় যোগাযোগ করুন.

اگر آپ اردو میں اس کا ترجمہ کرنا چاہتے ہیں تو اوپر نمبر سے رابطہ یہ کر

